



**Do you have cancer?
Does someone you love have cancer?**

Find empowerment through discovering your authentic self at the

Healing Meditation Workshop

For cancer patients, their families and caregivers

**Meets Wednesdays at 9:30 - 10:30AM
Dec 31, Jan 7, Jan 14, Jan 21**

**at The Center for Cancer Support & Education
180 Mass Ave. Suite 301, Arlington, MA 02474**

**Suggested donation: Sliding Scale \$10—\$20/class 4 week program
No one turned away due to lack of funds**

**Pre-registration Required: Contact 781-648-0312 or
info@centerforcancer.org**

The Center For Cancer Support And Education

180 Massachusetts Avenue Ste 301, | Arlington MA 02474 | 781-648-0312 | www.centerforcancer.org

The mission of the Center for Cancer Support & Education is to empower and support people touched by cancer, their caregivers and loved ones, by offering resources to enhance life as they move forward.